

## **Introduction to Pranic Healing®**

Experience the Energy of Your Own Life Force!

Invite your friends & loved ones to experience Pranic Healing DATE: Thursday October 11<sup>th</sup> TIME: 7pm – 9pm+ VENUE: The Retreat Centre– The Priory, Tallaght Village



"Pranic Healing is a science that uses Laws of Nature which people do not know or are not aware of. Miracles are fantastic events which utilize hidden Laws of Nature. Miracles do not break the Laws of Nature; they are actually based on them" Master Choa Kok Sui



Instructor Les Flitcroft Will be teaching Pranic Healing Level 1 in Dublin this November <u>Nov 24<sup>th</sup> & 25<sup>th</sup>, 2012!</u>

Les is a Senior Pranic Healer & Direct student of GrandMaster Choa Kok Sui

Register from this Intro & receive up to 10% off!

PRANIC HEALING® Level 1 is a prerequisite to all other courses

## Learn how to use *Prana/Life force* to accelerate your body's ability to heal itself. You will also have the opportunity to experience intense Peace, Stillness & Bliss through the Meditation on Twin Hearts

**PRANIC HEALING**® is a highly evolved and tested system of energy medicine developed by **GrandMaster Choa Kok Sui** that utilizes *prana* to balance, harmonize & transform the body's energy processes.

Pranic Healing<sup>®</sup> is a simple yet powerful and effective system of no-touch energy healing. **Pranic Healing**<sup>®</sup> works on the principle that the healing process is accelerated by increasing the life force or vital energy on the affected part of the physical body.

## Some of what you will learn in this experiential workshop

- Discover how energy affects you physically, emotionally, mentally & spiritually
- Powerful and effective techniques to harness your life force
- Experience *Tibetan Power Breathing* to quadruple your energy levels in less than 10 minutes
- Learn to quickly flush stress out after a hectic day
- Learn how to purge yourself from negative thoughts & energies that prevent you from becoming prosperous and successful
- Simple but powerful energy techniques to keep emotionally calm & mentally clear in stressful situations/environments
- An introduction to the Basic Principles of Pranic Healing® to heal yourself and others
- Enhance your knowledge of the 11 major Chakras & energy anatomy
- **Recharge your Brain Power with** *SuperBrain Yoga*®
- ... And Much More!

With **Pranic Healing**® you can learn to harness this subtle energy to flush out stress, boost your vitality and accelerate healing of common health problems! **Pranic Healing**® is based on the fundamental principle that the body is a self-repairing living entity that possesses the innate ability to heal itself.

Be introduced to the enormous range of possibilities regarding the Application of *Prana*, or Vital Life Force to nearly every aspect of life

DATE: Thursday October 11<sup>th</sup> COST: €25 VENUE: The Retreat Centre - The Priory, Tallaght Village

> FOR MORE INFORMATION & TO RESERVE A SPACE Email: <u>info@pranichealinginireland.com</u>



Phone: 087 6410110 Visit: www.pranichealinginireland.com